

2024-2025

USA Volleyball Age Eligibility

by birth month and year



USAV AGE Level	9 & under	10 & under	11 & under	12 & under	13 & under	14 & under	15 & under	16 & under	17 & under	18 & under
Grade HS Grad Yr.	3rd 2034	4th 2033	5th 2032	6th 2031	7th 2030	8th 2029	9th 2028	10th 2027	11th 2026	12th 2025
Net/Ball	Net Height: 7'; U12 ball				Net Height: 7' 1/8"		Net Height: Girls - 7' 1/8" Boys - 7' 11 5/8"			
JULY	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
AUG	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
SEPT	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
OCT	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
NOV	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
DEC	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
JAN	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007
FEB	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007
MAR	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007
APR	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007
MAY	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007
JUNE	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007

- Official USAV age is the age of the athlete on JULY 1ST OF 2025.
- Grade and HS grad year are listed as a point of reference, however grade is not the primary determinant of USAV age eligibility.
- Athletes are not allowed to 'play down' [i.e. play an age level lower than indicated above, regardless of grade].
- Triad United looks to keep athletes in the peer group / grade level when possible with few exceptions.
- A USAV age level 13 who is in 8th grade is not considered to be "playing up" if they play 14s.
- High school athletes grade 10 or higher considering playing up should contact us in advance of tryouts as it may be appropriate to meet with our recruiting coordinator.
- "Playing Up" is generally not allowed, with few exceptions with TUVA [i.e. a USAV 13s in 7th grade playing 14s].

Contact triadunitedva@gmail.com with any questions.